



November



Meal	Monday 10/28	Tuesday 10/29	Wednesday 10/30	Thursday 10/31	Friday 11/1
Breakfast	Cheerios Bananas Milk	Muffins Bananas Milk	Chex Cereal Raisins Milk	French Toast Apples Milk	Froot Loops Bananas Milk
AM Snack	Goldfish Raisins	Chex Mix Raisins	Goldfish Mandarins	Animal Crackers Applesauce	Chex Mix Apples
Lunch	Jelly Sandwiches Bananas Carrots Yogurt Milk	Quesadillas Carrots Mandarins Milk	Rice & Beans Mixed Fruit Peas Milk	Pizza Carrots Mixed Fruits Milk	Chicken Nuggets Mixed Vegetables Mixed Fruit Roll Milk
PM Snack	Cheez-Its Apples	Honey Grahams Milk	Animal Crackers Milk	Crackers Bananas	Ritz Crackers String Cheese

Meal	Monday 11/4	Tuesday 11/5	Wednesday 11/6	Thursday 11/7	Friday 11/8
Breakfast	Cheerios Bananas Milk	Pancakes Bananas Milk	Kix Raisins Milk	Froot Loops Bananas Milk	Muffins Apples Milk
AM Snack	Crunch Cereals Apples	Cheerios Apples	Graham Crackers Milk	Pretzels Applesauce	Cheerios Raisins
Lunch	Mac and Cheese Mixed Veggies Peaches Milk	Jelly Sandwich Carrots Applesauce String Cheese Milk	Meatballs Mashed Potatoes Pears Roll Milk	Nachos Black Beans Apples Milk	Chicken Burger Mixed Veggies Mixed Fruit Milk
PM Snack	Crackers Milk	Pretzels Bananas	Yogurt Apples	Crunch Cereal Peaches	Fruit Loops Milk



November



Meal	Monday 11/11	Tuesday 11/12	Wednesday 11/13	Thursday 11/14	Friday 11/15
Breakfast	Corn Flakes Bananas Milk	Cheerios Apples Milk	Cinnamon Toast Crunch Blueberries Milk	French Toast Apples Milk	Pancakes Bananas Milk
AM Snack	Yogurt Strawberries	Cheerios Bananas	Pretzels Applesauce	Apple Jacks Raisins	Fruit Loops Apples
Lunch	Grilled Cheese Green Beans Applesauce Milk	Chicken Salad Mixed Veggies Mixed Fruit Roll Milk	Beef Stew Potatoes Pineapples Roll Milk	Jelly Sandwich Carrots Bananas String Cheese Milk	Charro Beans w/Rice Mixed Veggies Mixed Fruit Tortilla Milk
PM Snack	Kix Raisins	Cinnamon Chex Milk	Ritz Crackers Apples	Honey Grahams Milk	Fruit Loops Milk

Meal	Monday 11/18	Tuesday 11/19	Wednesday 11/20	Thursday 11/21	Friday 11/22
Breakfast	Kix Peaches Milk	Chex Cereal Bananas Milk	Cheerios Raisins Milk	Bagels Bananas Milk	Froot Loops Apples Milk
AM Snack	Frosted Flakes Mixed Fruit	Ritz Crackers Milk	Pretzels Applesauce	Graham Crackers Milk	Kix Raisins
Lunch	Pasta and Meatballs Peas and Carrots Pears Milk	Tostadas Black Beans Green Beans Apples Milk	Nachos Red Beans Pineapples Milk	Chicken Burger Mixed Veggies Mixed Fruit Milk	Chicken Sandwich Diced Potatoes Peaches Milk
PM Snack	Crackers Apples	Crunch Cereal Raisins	Froot Loops Milk	Cinnamon Chex Mandarins	Chex Mix Milk



November



Meal	Monday 11/25	Tuesday 11/26	Wednesday 11/27	Thursday 11/28	Friday 11/29
Breakfast	Froot Loops Bananas Milk	Muffins Bananas Milk	Cheerios Bananas Milk		
AM Snack	Crunch Berries Apples	Pretzels Raisins	Ritz Crackers Mixed Fruit		
Lunch	Pasta and Meatballs Peas and Carrots Pears Milk	Chicken Alfredo Carrots Pears Milk	Turkey Sandwich w/ Lettuce Peaches Milk		
PM Snack	Raisin Bran Milk	Corn Flakes Apples	Fruit Loops Milk		